

# Living is Believing

## An Exposition of the Lord's Prayer

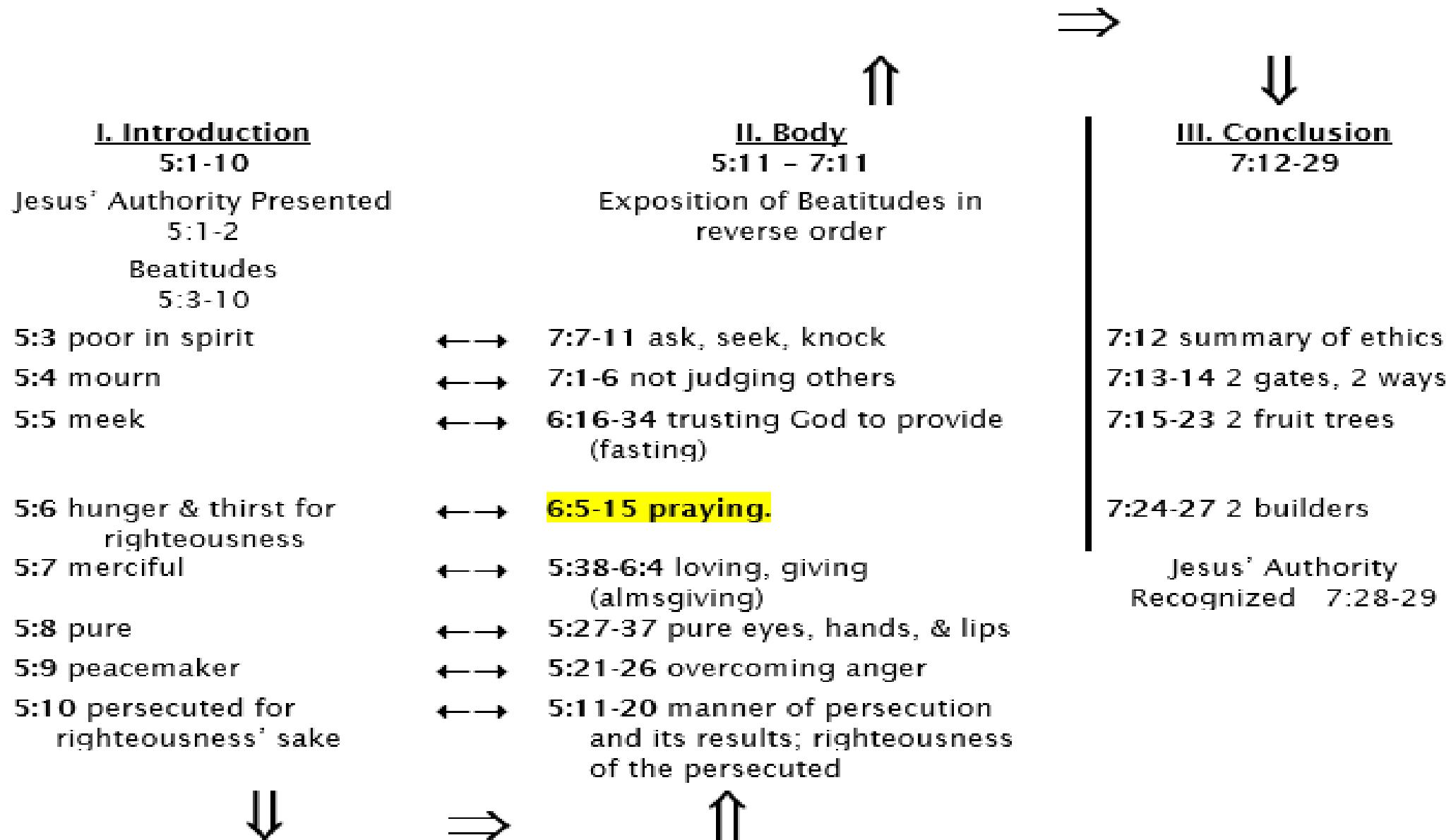
Part Three: Exposition  
Brief Review  
&  
Being Filled

# Parallels in the Sermon on the Mount

Matthew 5-7

	<b>Beatitudes</b>	<b>Body 5:11 – 7:11</b>	<b>Conclusion 7:12-28</b>	<b>Lord's Prayer</b>
<b>Authority</b>	5:1-2		7:28	6:9  Our Father in heaven, hallowed be your name.
<b>Emptying</b>  <i>Poor Mourn Meek</i>	5:3-5	6:16 – 7:11		6:10  Your kingdom come, your will be done, on earth as it is in heaven.
<b>Filling</b>  <i>Hunger and thirst for righteousness</i>	5:6	6:5-15		6:11-12a  Give us this day our daily bread, and forgive us our debts.
<b>Giving</b>  <i>merciful pure peacemakers</i>	5:7-9	5:21 – 6:4		Matthew 6:12b  as we also have forgiven our debtors.
<b>Warning</b>  <i>Persecuted for righteousness</i>	5:10	5:11-20	7:12-27	Matthew 6:13  And lead us not into temptation, but deliver us from evil.

## the Sermon's structure:



## Brief Review

1. Warning: Persecuted for righteousness (5:10, 5:11-20).
  - a. The paradox is that righteousness, not wickedness, causes the persecution (cf. 1 Pet. 2:20).
  - b. The reward ties the last beatitude to the first.
2. Giving 3: Peacemaker (5:9, 5:21-26).
  - a. Not a disinterested third party who brings the other two together.
  - b. Instead, one of the protagonists who is willing and working to reconcile.
  - c. “Son” of God means one who shares in God’s attributes (see John 8:39-44; Acts 4:36).
3. Giving 2: Pure in heart (5:8, 5:27-37).
  - a. No impurities, 100% one way. Generosity is giving not taking. Get rid of impediments.
  - b. Pure heart makes pure eyes, hands, and lips.
4. Giving 3: Merciful (5:7, 5:38-6:4).
  - a. In his relations to God, he is a beggar and a mourner who pleads to be forgiven.
  - b. In his relations to man, he has the attitude he has just asked God to have toward him (cf. Matt. 18:23-35).

# Hunger and thirst for righteousness (5:6, 6:5-18)

This is presented in 6:5-18 as those who seek righteousness by prayer (mouth) and fasting (mouth). Regarding the mouth/tongue see James 3.

# Being Filled

**Matthew 6:11-12a**  
Give us this day our daily bread, 12 and forgive us our debts,

For further reading on prayer see "The Centrality of prayer" Parts 1-7 on the St. Andrew website under Resources/Fr. Herman's Messages ([www.orthodoxdelmar.org/messages](http://www.orthodoxdelmar.org/messages))

**Matthew 5:6**  
6 "Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.

Cf. Psalm 1:2; 17:3; 19:14; 31:1; 37:30; 40:30; 49:3; Psalm 51:15; 54:2; 63:5; 71:15; 78:1-2; 81:10; 89:1; 119:13, 43, 72, 88, 103, 131

## Matthew 6:15

"And when you pray, you must not be like the hypocrites. For they love to stand and pray in the synagogues and at the street corners, that they may be seen by others. Truly, I say to you, they have received their reward. 6 But when you pray, go into your room and shut the door and pray to your Father who is in secret. And your Father who sees in secret will reward you. 7 "And when you pray, do not heap up empty phrases as the Gentiles do, for they think that they will be heard for their many words. 8 Do not be like them, for your Father knows what you need before you ask him. 9 Pray then like this: "Our Father in heaven, hallowed be your name. 10 Your kingdom come, your will be done, on earth as it is in heaven. 11 Give us this day our daily bread, 12 and forgive us our debts, as we also have forgiven our debtors. 13 And lead us not into temptation, but deliver us from evil.

14 For if you forgive others their trespasses, your heavenly Father will also forgive you, 15 but if you do not forgive others their trespasses, neither will your Father forgive your trespasses. 16 "And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. 17 But when you fast, anoint your head and wash your face, 18 that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

*The* believers Source of Nourishment is Scripture

Therefore, we *must* open our mouths, ears, and hearts

# Psalm 119

## A love song to Scripture

- **Psalm 119:12-13** <sup>12</sup> Blessed are you, O LORD; teach me your statutes! <sup>13</sup> With my lips I declare all the rules of your **mouth**.
- **Psalm 119:41-45** <sup>41</sup> Let your steadfast love come to me, O LORD, your salvation according to your promise; <sup>42</sup> then shall I have an answer for him who taunts me, for I trust in your word. <sup>43</sup> And take not the word of truth utterly out of my **mouth**, for my hope is in your rules. <sup>44</sup> I will keep your law continually, forever and ever, <sup>45</sup> and I shall walk in a wide place, for I have sought your precepts.
- **Psalm 119:72-73** <sup>72</sup> The law of your **mouth** is better to me than thousands of gold and silver pieces. <sup>73</sup> Your hands have made and fashioned me; give me understanding that I may learn your commandments.
- **Psalm 119:88-89** <sup>88</sup> In your steadfast love give me life, that I may keep the testimonies of your **mouth**. <sup>89</sup> Forever, O LORD, your word is firmly fixed in the heavens.
- **Psalm 119:98-105** <sup>98</sup> Your commandment makes me wiser than my enemies, for it is ever with me. <sup>99</sup> I have more understanding than all my teachers, for your testimonies are my meditation. <sup>100</sup> I understand more than the aged, for I keep your precepts. <sup>101</sup> I hold back my feet from every evil way, in order to keep your word. <sup>102</sup> I do not turn aside from your rules, for you have taught me. <sup>103</sup> How sweet are your words to my taste, sweeter than honey to my **mouth**! <sup>104</sup> Through your precepts I get understanding; therefore I hate every false way. <sup>105</sup> Your word is a lamp to my feet and a light to my path.
- **Psalm 119:126-131** <sup>126</sup> It is time for the LORD to act, for your law has been broken. <sup>127</sup> Therefore I love your commandments above gold, above fine gold. <sup>128</sup> Therefore I consider all your precepts to be right; I hate every false way. <sup>129</sup> Your testimonies are wonderful; therefore my soul keeps them. <sup>130</sup> The unfolding of your words gives light; it imparts understanding to the simple. <sup>131</sup> I open my **mouth** and pant, because I long for your commandments.

## I. The text of the Sermon on the Mount:

### A. Introduction: The summary of the teaching, Matt. 5:3-10

#### 1. Poor in spirit (5:3, 7:7-11).

- a. OT background: the poor of the psalms: Ps. 10:17f; 12:5; 14:6; 34:6. (Cf. Isa. 61:1 // to brokenhearted)
- b. “Beggars” in spiritual matters (This not only shows their need, but also their boldness in asking, cf. Isa. 62:6f.) This is confirmed in the Dead Sea Scroll War 14:7: “By the poor in spirit [he has scattered] the hard of heart, and by the perfect of way all nations have come to an end.”
- c. “Ask . . . seek . . . knock . . .” explains this.

#### 2. Mourn (5:4, 7:1-6).

- a. The cause of mourning is grief over one's own sins (see 1 Cor. 5:2; Acts 9:9, 11, 19).
- b. If one is mourning over his own sins, he won't be criticising his brother (see 7:1-6).

#### 3. Meek (5:5, 6:19-34).

- a. Background is Psa. 37. In fact, it is almost a direct quotation of Psa. 37:11.

- 1) He does not fret over the ungodly, vv. 1, 7, 8.
- 2) He hopes in the Lord, vv. 3, 5.
- 3) He waits on the Lord, vv. 9, 24.
- 4) He does good, v. 3.
- 5) He trusts the Lord to deal with sinners, vv. 9f, 13.
- 6) The Lord provides for him in the day of famine, vv. 17ff.
- 7) The Lord does not forsake him, v. 28.
- 8) He has compassion and gives, v. 21
- 9) He is merciful and lends, v. 26
- 10) He will be fed, vv. 3f
- 11) He will inherit the earth vv. 9, 11, 29

- b. All this is explained in 6:19-34.

Parallel to B. Sanh. 100a: R. Hanhuam b. Hanilai  
(c. A.D. 280): “He who imposes hunger on himself  
in this world for the sake of the torah, him will God  
satisfy in the world to come.”